

Pre-Health Advising Deadlines for Juniors or Seniors
Pre-Health Advising is here to help you get into the Health Professional School of your dreams! Get Pre-Health Advising to back you through the process!

PRIOR TO APRIL 1:

- Get on the Pre-Health email if you are not already.
- Meet with a member of Pre-Health Advising to discuss your career plans.
- Get a ForesterLink account and a LinkedIn account.

APRIL:

- April 1 – request that the registrar submit a transcript to AMCAS, AACOMAS, PharmCAS, VMCAS, AADSAS that includes spring semester grades as soon as it becomes available.
- Ask faculty and professional references for letters of recommendation (evaluation). Be sure to supply evaluators with Request for Letter of Evaluation and Waiver form **and** Guidelines for Evaluators.
- **Early April** - Prepare Request for Pre-Health Advising Cover letter and Waiver form to be submitted on May 1.
Students should obtain the Request for Pre-Health Advising Cover Letter and Waiver form and submit this in person to the Pre-Health Advising chair.
- MCAT, PCAT, DAT, or GRE should be taken by April-May, or June-July at the very latest.
- Ask Career Advancement Center, Writing Center and others to review your personal statement.

MAY:

- **May 1- Deadline for a Request for a Pre-Health Advising Cover Letter and Waiver**
- **May 15** – Deadline for receipt of letters from evaluators.
- Mid-May, send thank-you notes or emails to each person asked for a letter of recommendation.

JUNE:

- A complete file to Pre-Health Advising consists of the following for AMCAS, AACOMAS, PharmCAS, VMCAS, AADSAS:
 1. Request for Pre-Health Advising Cover letter and Waiver form
 2. Completed centralized application form as a PDF
OR resume, personal statement, and transcript (if centralized application form is not available)
 3. Your letters of evaluation
- Submit AMCAS, AACOMAS, PharmCAS, VMCAS, AADSAS application as soon as possible after receiving spring semester grades. *Over 80% of AMCAS applications nationally are submitted by June 30.*
- **Don't wait until the deadlines! Understand what is meant by rolling admission!**
- *By June 30 or as soon as it is completed*, give the Pre-Health Advising chair the AMCAS ID number, which must be included on all correspondence to medical schools, and an electronic copy of AMCAS completed application as a PDF, including MCAT scores.

JULY:

- Mid-July, email a list of schools, along with mailing addresses, to the HPAC chair.

JULY-SEPTEMBER:

- Complete secondary or supplemental applications for schools as soon as you receive them.