



LAKE FOREST
COLLEGE

The Career Milestones Map

This map provides a self-paced career guide to key actions you can take during your academic journey. Track your progress as you go!
Remember, the Career Advancement Center and your Forester community are here to help every step along the road!

Digital Map:



Year 1

LEARN about yourself and your career options.



The First-Year Fast Track

Take your first steps in career planning by attending workshops and completing a few foundational actions.



Attend My First Career Workshop

Explore career paths by using Focus2.

Exploration
Resources:



Attend Resume Workshop

Draft a resume using Hiration, and get started with your LinkedIn and Handshake profile.

Resume
Resources:



Register for Workshops
on Handshake:



Can't make it to a workshop?
Stop by Career Express Advising for assistance.



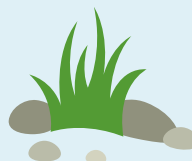
What's Next?

EXPLORE YOUR INTERESTS & SKILLS

- ☐ Take interesting courses
- ☐ Join an on-campus organization
- ☐ Talk to faculty and peers about majors and careers

MEET YOUR PATHWAY COMMUNITY

- ☐ Meet us at a CAC Open House or Career Express Advising
- ☐ Follow @LFCareers on social media
- ☐ Attend other career events like Pathway Kickoffs



Year 2

Target professional pathways and
DEVELOP relevant skills.

ATTEND CAREER EVENTS

- Pathway Kickoff (September)
- So, You Want to Do an Internship? (Nov. and Feb.)
- Speed Networking (October)
- Career-A-Palooza (March)
- Other CAC and employer-hosted events



IDENTIFY CAREERS OF INTEREST

- Match Your Interests to Careers
 - Use Vault, O*Net, and What Can I Do With This Major
- Explore Companies
 - Follow employers on LinkedIn and Handshake
- Career Conversations
 - Talk to peers
 - Arrange an alumni "informational interview"



BUILD SKILLS AND EXPERIENCE

- Job Shadowing and Job Simulations (e.g. Forage)
- Volunteer Work
- Externships (e.g. Extern.com)
- Summer Internships
- Research
- Employer Early Engagement Programs



Then, update your resume and LinkedIn!

PLAN AHEAD

- Classes related to your career
- Off-campus study and study abroad
- Internship (for-credit or non-credit)
- FFC Experiential Learning Requirement

Connect with
the CAC:



Read Your Pathway
Newsletter



Follow @LFCareers
on Social Media



Meet with your Career Advisor at an
Appointment or Express Advising

Year 3

Refine professional pathway(s) and
STRENGTHEN skills and experience.

PLAN YOUR PATH

- Research companies, organizations, and graduate schools
- Meet with your career advisor to discuss:
 - experiential learning
 - internship search strategy



BUILD YOUR STRENGTHS

- Internships (for-credit or non-credit)
- Research
- CAC's Online Professional Training (winter break)
- Volunteer Work
- Job Shadowing and Job Simulations (e.g. Forage)
- Externships (e.g. Extern.com)



PREPARE FOR INTERVIEWS

- Update your resume and LinkedIn
- Develop a self-introduction or "elevator pitch"
- Practice with Hiration and your career advisor



The Forester Advantage

GROW CAREER KNOWLEDGE

- **Attend:**
 - Pathway Kickoff (September)
 - So, You Want to Do an Internship? (Nov. and Feb.)
 - **Speed Networking (October)**
 - **Career-A-Palooza (March)**
 - Other CAC and employer-hosted events



GROW YOUR NETWORK

- **Sign up for Foresters CAREER Mentoring Program (winter break)**
- Arrange an alumni "informational interview"
- Connect with professionals and alumni on LinkedIn



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Meet with your Career Advisor at an
Appointment or Express Advising

Year 4

POLISH your credentials and pursue opportunities.

ATTEND CAREER EVENTS

- **Speed Networking (October) and other networking events**
- Industry-specific career events
- Career-A-Palooza (March)



MOBILIZE YOUR NETWORK

- **Meet a new mentor through the Foresters CAREER Mentoring Program (winter break)**
- Share post-grad plans with your professional network

POLISH YOUR CREDENTIALS

- Complete additional internships/research
- Sign up for CAC's Online Professional Training (winter break) and Leadership Badge (summer)
- Refine skills (classes, online certifications)
- Refine your resume and LinkedIn
- Practice for interviews (Hiration and career advisor)

PREPARE FOR POST-GRAD

- Identify employment, graduate school, fellowships, or other opportunities
- **Apply!**
- "Network in" to opportunities
- Maintain an application log
- Prepare to negotiate, navigate, and accept offers



SHARE YOUR NEWS WITH THE CAC AND YOUR NETWORK!



ART & MAP DESIGNED BY KARA HENNESSY '24

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