

Advising Plan for Pre-Health students at Lake Forest College

Students interested in a career in the health care field should arrange a meeting with a member of the Pre-Health Advising committee as early as possible in their time at Lake Forest College.

Most post graduate health care programs have academic as well as experiential components as part of the admission process, thus students need plans for summer or winter break that include shadowing or other experiences in addition to internships and/or research that may be taken for credit during the semester or in the summer.

The Pre-Health Advising committee can assist students with this academic planning as well as provide information and opportunities for internships and other experiences.

Join HPP

If you are a current First-Year, sophomore or junior student, we strongly encourage you to join the new [Health Professions Program \(HPP\)](#). Completion of HPP is designed to enhance to your Pre-Health preparation with early exposure to the breadth of healthcare pathway options. HPP will greatly enhance your knowledge about health care and help you understand the social determinants of health, the value of interprofessional team work, and the ethical and empathetical mindsets with which you as a health professional should provide patient care to the diverse community that you will one day serve.

Pre-Health contacts for HPP: Prof. Shubhik DebBurman and Prof. Ann Maine

How to find a Pre-Health committee member for assistance?

The 2020-21 Committee Members are:

Prof. Shubhik DebBurman, Committee Chair
Pauline Binder-Finnema, Career Advancement Center
Prof. Will Conrad, Chemistry
Beth Herbert, Biology
Prof. Karen Kirk, Biology
Prof. Ann Maine, Biology
Prof. Vivian Ta, Psychology

1. If your academic advisor is on this committee, start with them.
2. Students pursuing the following majors should contact any of the faculty members listed below for that major:

Biology—Maine, Kirk

BMB —Conrad, Maine

Chemistry --Conrad

Neuroscience- Kirk, Ta
Psychology--Ta
Other – DebBurman

3. Students who are majoring in other departments or have not yet declared a major could start with someone in their main area of interest.

MD/DO: DebBurman
Physician Assistant/Dental Medicine/Veterinary medicine - Maine
Optometry/Pharmacy/Physical Therapy: Conrad
Nursing-Kirk
Clinical Counseling/Clinical Psychology/Occupational Therapy—Ta
Unsure—DebBurman

Dual-Degree Program Pathway contacts

All RFU pathways: DebBurman
Rush and DePaul Nursing pathways: Kirk

4. For more details on shadowing and internships please contact: Pauline Binder-Finnema, Career Advancement Center

5. If you are unable to contact any committee member as advised above, you should always contact the committee chair Dr. DebBurman.