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Kat Beall ’18 and Davis DeKorte ’18 are two of many young alumni who embody the true spirit of the Forester Tradition of Excellence through their accomplishment in the classroom, performance in athletic competition, dedication to the community, and preparation for a successful career after graduation.
At one of the Forester Game Plan’s “chalk talks,” Vernard Lockhart ’08, internship specialist for career and professional development, works with student-athletes to ensure they reach their professional goals.

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2017-18: A HISTORIC YEAR

- Forester teams broke yet another school record by winning 74 percent of their conference contests and also posted 777 victories, the highest since the previous school record set in 2014-15.
- 20 of 23 teams qualified for postseason competition.
- The Foresters set or tied 76 program records and were named conference player/performer of the week 40 times.

23 VARSITY SPORTS Basketball (men’s and women’s), Cross Country (men’s and women’s), Distance Outdoor Track (men’s and women’s), Distance Indoor Track (men’s and women’s), Football, Golf (men’s and women’s), Handball (men’s and women’s), Ice Hockey (men’s and women’s), Soccer (men’s and women’s), Softball, Swimming and Diving (men’s and women’s), Tennis (men’s and women’s), Volleyball

ATHLETIC SUCCESS

2017-18: ONE FOR THE BOOKS

- Forester student-athletes earned 154 Academic All-Conference honors, the most in school history.
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Utilizing a structured framework of career milestones, monitored progress, and mentors from the campus community and beyond, this innovative program instills confidence and provides Forester student-athletes with a proven formula to develop, advance, and achieve their professional goals.
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LAKE FOREST

COLLEGE

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- A record-breaking 52 student-athletes qualified for the A-Team, which is comprised of students who achieved straight As in either the 2017 spring or fall semester.

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