SUCCESS
at LAKE FOREST COLLEGE

LOOKS LIKE THIS
In these pages, learn about 10 accomplished and ambitious students and alumni whose experiences and hard work contributed to their success at Lake Forest College and beyond.

Meet current student Nadeige, an international relations and French major from Nairobi who is working toward her dream career at the United Nations; and Sean, whose professors in his majors (business and physics) are working with him to develop and market his skills. Meet alumni who open doors for our students, such as Randy Lauer ‘81, managing director of Citigroup Inc., who says the Lake Forest students he hires are as well prepared as students from any of the nation’s top schools; and attorney Bill Lowry ‘84, who credits his success to the communication skills he acquired while a student at Lake Forest.

This is what success looks like at Lake Forest.
“During the summer after my first year, I worked as a Richter Scholar alongside my biology professor conducting research funded by a $400,000 National Science Foundation grant to study the effects of oxygen in growth.”

“The Richter Scholar Program was a great opportunity and one that undergraduates can’t easily get at a large university—it is unique and this experience will help me stand out from other medical school applicants.”

Richter Scholar Summer Research Program
This unique program provides students, early in their academic career, the opportunity to conduct independent research working one-on-one with Lake Forest College faculty. Research opportunities are available across all academic disciplines.
"My ideal career is to work for the United Nations. Gaining experience through my off-campus study programs and my two internships for different UN offices—in Paris and Chicago—gives me a chance to kick-start my career."

"Being a double major and forging relationships with professors helped broaden my horizons in terms of what I want to do in my career. It was instrumental in choosing my internships and studying in two off-campus programs."
“Not sure what I wanted to major in, I was encouraged by my professors to explore and take courses in subjects that were outside my comfort zone. This helped me find a sense of direction. My professors also helped me identify what my strengths are.”

“Double majoring in both business and physics gives me a unique set of skills: I’m a problem solver, a critical thinker, and I also know how to market myself—I feel this will give me an edge when applying for jobs or grad school.”
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“...They are more often looking for leaders, critical thinkers, and team players. That’s the essence of a liberal arts education and Lake Forest provides so many opportunities to develop these skills.”
Rachel Tenuta ’17

MAJOR: English Literature
MINOR: Print and Digital Publishing
HOMETOWN: Palatine, Illinois
ACTIVITIES: Women’s Soccer, Relay for Life, Delta Gamma, Omicron Delta Kappa Leadership Society

“I think going into an interview and being able to show the five books I’ve designed is huge for someone who is only 21 years old and will give me an edge entering the job market.”

“I took an Editing and Publishing class in my freshman year, which is what got me interested in the field. I did the Print and Digital Publishing Practicum my sophomore year working on a book for the College’s press and got great hands-on design experience using the latest publishing software. I’ve worked on five books now and two have only my name on them as the designer.”
“I had a lot of hands-on experience with research and professional-grade instrumentation and that really set me apart for getting my first job out of college.”

“The sciences at Lake Forest College are extraordinary, right from the beginning you’re working closely with professors doing research and using instrumentation that most colleges won’t let you work with until you’re well into your junior or senior years—if then.”
Jacob is thankful about his wise decision to transfer to Lake Forest College after his first year, not only for the excellent education he received—but he met his future wife, Whitney!

“I learned how to think analytically, write, and clearly communicate while at Lake Forest—all essential in my job as we strive to tackle the globe’s greatest challenges by scaling enterprises from around the world.”

“Unreasonable Group is a business accelerator for social and environmental entrepreneurs. I have a variety of responsibilities from strategy, to research, to finance, and logistics. I credit my success to the interdisciplinary nature of the education I received at Lake Forest and my outstanding professors.”

Whitney Hales ’11
MAJOR: Politics and Environmental Science
ACTIVITIES: Women’s Swimming and Diving, Alpha Phi, College Council, College Life Committee, Academic Honesty and Judicial Board
CURRENT JOB: Unreasonable Group: Associate Director of Operations
“A professor helped connect me with an alumnus at William Blair for an internship, and the Career Advancement Center helped me shape my resume and hone my interviewing skills. I went to the interview well prepared.”

“I was supported throughout my college career by my professors, coaches, and career counselors. They genuinely cared about my success. Even though I started as pre-med but changed to finance, I was still able to graduate in four years, do an internship, and play soccer and ice hockey—even being named the NCAA DIII Women’s Ice Hockey Player of the Year.”
"When hiring for our law firm, I look for traits in an individual that are often typified by liberal arts students, such as those from Lake Forest. These candidates are usually confident risk takers, analytical thinkers, creative problem solvers, and generally well-rounded people."

"Now, more than ever, a liberal arts education is vital. The communication skills I developed as a student served me well in law school and continue to do so in my practice. At Lake Forest, you get a top-notch education in the classroom, and you also have vast opportunities for learning outside of the classroom."
“The Foresters I hire are competing against candidates from the top schools in the country, including the Ivy League schools. They are well prepared and have what it takes.”

“I have hired both summer interns and new graduates into our full-time analyst program. The College was good to me and there were a lot of professors, coaches, and administrators that supported and mentored me during my time at Lake Forest. I had opportunities I might not have gotten elsewhere and I want to help current students realize the great opportunity they have and hopefully help them maximize their time and potential.”
EMPLOYERS

Lake Forest students go on to succeed in a variety of careers at companies and institutions around the world, including:

Abbott Laboratories
Apple
Baxter Healthcare
Chicago Bulls
Chicago Shakespeare Theater
Citigroup
Clear Channel Communications
Federal Reserve Bank
Lake Forest Academy
Leslie Hindman Auctioneers
Leo Burnett
Mayo Clinic
Morgan Stanley
Peace Corps
Rolling Stone Magazine
Shedd Aquarium
United Healthcare
United Nations Children’s Fund
United States Senate
GRADUATE SCHOOLS

Lake Forest students go on to top graduate schools across the nation, including:

Columbia University
Duke University
Northwestern University Feinberg School of Medicine
Georgetown Law School
Harvard Law School
Johns Hopkins School of Medicine
London School of Economics
Parsons School of Design
Princeton University
Rush Medical School
Stanford University
Tufts University
UCLA
University of Chicago
University of Illinois
University of Notre Dame
University of Pennsylvania
University of Wisconsin–Madison
University of Virginia
CAREER PREPARATION AT LAKE FOREST BEGINS AS SOON AS YOU ARRIVE ON CAMPUS. IT’S ALL ABOUT EXPLORING YOUR INTERESTS, MAKING CONNECTIONS, AND GAINING EXPERIENCE IN AREAS THAT INTEREST YOU.

CAREER PATHWAYS:
We have specialized communities that match student academic and career interests with possible career paths. Each pathway is led by a team of advisors comprised of faculty, career counselors, alumni, and College trustees.

PERSONAL CAREER COUNSELING:
The Career Advancement Center boasts a large staff of professional career advisors who provide expertise and guidance directly related to the various pathways.

INTERNSHIPS:
Due to our location near Chicago and global network of connections, internships are abundant and available to students in all majors. Students may pursue up to three for credit.

ACTIVE ALUMNI NETWORK:
Students have access to a network of professionals who offer advice based on real-life experiences, as well as help them begin careers and make important connections.

Learn more at lakeforest.edu/success