The Career Advancement Center helps students every step of the way. We offer a combination of programs and individual advising on the following topics:

- Developing and adjusting career plans
- Career/major exploration and decision-making
- Job/internship search strategies
- Resume/cover letter writing
- Access to employers for internships, jobs, and networking
- Preparing for the interview
- Graduate/professional school applications

Developing career goals—and a plan of action to achieve them—is a central part of a Lake Forest College education. With guidance from the Career Advancement Center, along with your professors, coaches, and a host of alumni, you’ll learn how to choose a major, build and activate a professional network, and develop a plan to position yourself for success after college.

The Career Advancement Center helps students every step of the way. We offer a combination of programs and individual advising on the following topics:
The Forester Career Plan: Career Milestones

The Forester Career Plan is an action-oriented four-year career development program that enables students to develop and implement strategies to accomplish professional goals. It is built upon the Career Milestones—an outline of key tasks and activities for students to complete each year.

**Year One:**
Learn about yourself and your career/academic options
- Talk to faculty and upperclassmen about what, why, and how they do it
- Take new and interesting courses
- Join an on-campus organization
- Build a resume
- Think about declaring a major and select a faculty advisor

**Year Two:**
Target a (few) professional pathway(s) and develop relevant skills
- Talk to professionals to gather career specific information
- Pursue job shadowing, research, volunteer work, or a summer internship
- Update your resume with new experiences
- Declare a major and select a faculty advisor

**Year Three:**
Refine your professional pathway(s) and strengthen relevant skills
- Research potential companies, organizations, and graduate/professional schools
- Talk to professionals at the sites you’ve identified or in your field(s) of interest
- Identify ways to strengthen your skill set and pursue additional coursework, internships, job shadowing, research, or other development opportunities
- Practice articulating your unique skills and experiences by updating your resume, preparing for interviews, and developing a brief self-introduction

**Year Four:**
Polish your credentials and pursue opportunities with employers and graduate/professional schools that fit your skills, interests, and values
- Mobilize a network to help with the search
- Complete an additional internship or research opportunity in your target field
- Refine your resume and interviewing skills
- Identify and apply for employment, graduate school, fellowship, or other opportunities
- Prepare to negotiate, navigate, and accept offers