

# FACULTY & STAFF QUICK REFERENCE

## ATHLETIC FACILITIES USAGE

- MEMBERSHIP, ACCESS, AND GUESTS
  - A Lake Forest College ID issued by Public Safety is required for entry into the Sports & Recreation Center and Ice Rink
  - Family members including spouses/partners and children 23 years of age and under are allowed to use the facility at no charge upon registering
  - Children under the age of 16 must be accompanied by and supervised by an adult in the family at all times and are not allowed on any cardiovascular or weight room equipment
  - To register your family members, please set up an appointment with Jacquie Vinje, Operations Director for Athletic Facilities
  - Faculty and staff are allowed 20 guests per year
  - To register a guest, please accompany him/her to the Sports & Recreation Center; your guest must have a photo ID and will be required to sign a waiver; a parent/guardian signature is required for guests under the age of 18
- RECREATIONAL USE
  - Recreation equipment is available to members 16 years of age and older at the front desk; an ID card is required to check-out equipment
  - Locker rooms #010 and #011 are available to all members for day use only; there are a limited number of overnight lockers available in the faculty/staff locker rooms; if interested please contact Jacquie Vinje
  - Locks (\$5.00) and towels (\$10.00) are available for purchase at the front desk
  - Excluding reserved time slots, recreation use of the facility is available on a first come first serve basis
  - Members are allowed to reserve the handball/racquetball courts (1 hour time slots) and batting/golf cage (30 minute time slots) at the front desk no more than 72 hours in advance, in person or by phone
  - Faculty and staff interested in reserving facility space for classes or organized events should contact the Jacquie Vinje
- ATHLETIC FACILITIES STAFF CONTACT NUMBERS
  - Brian Bruha (Athletic Facilities Director): 847-735-5293
  - Jacquie Vinje (Operations Director for Athletic Facilities): 847-735-6136
  - Ty Van Valkenburg (Strength & Cond Coor and Program Asst): 847-735-6216
  - Sports and Recreation Center Front Desk: 847-735-6133