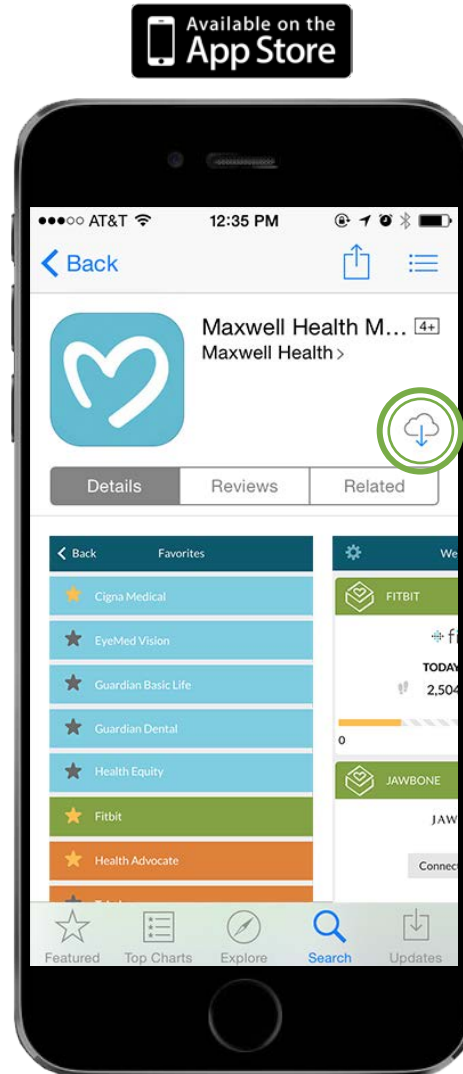


MOBILE APP STEP-BY-STEP GUIDE

1 INSTALL

Install the mobile app on your iPhone or Android by searching for “Maxwell Health Mobile” in the iOS App Store or Android’s Google Play Store.



2 LOG IN

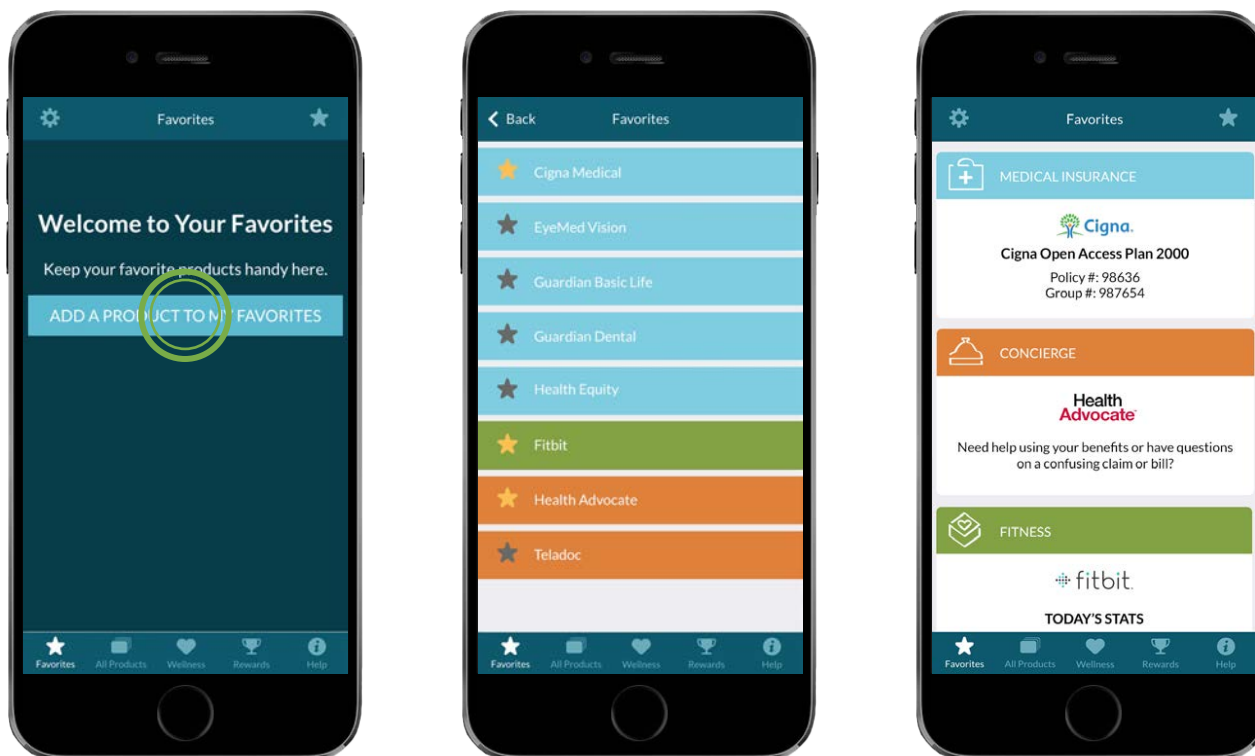
Once you've downloaded the app, sign in using the same credentials you used to log into Maxwell Health online.

You'll need to have already created a password online before attempting to sign into the mobile app.



3 FAVORITES

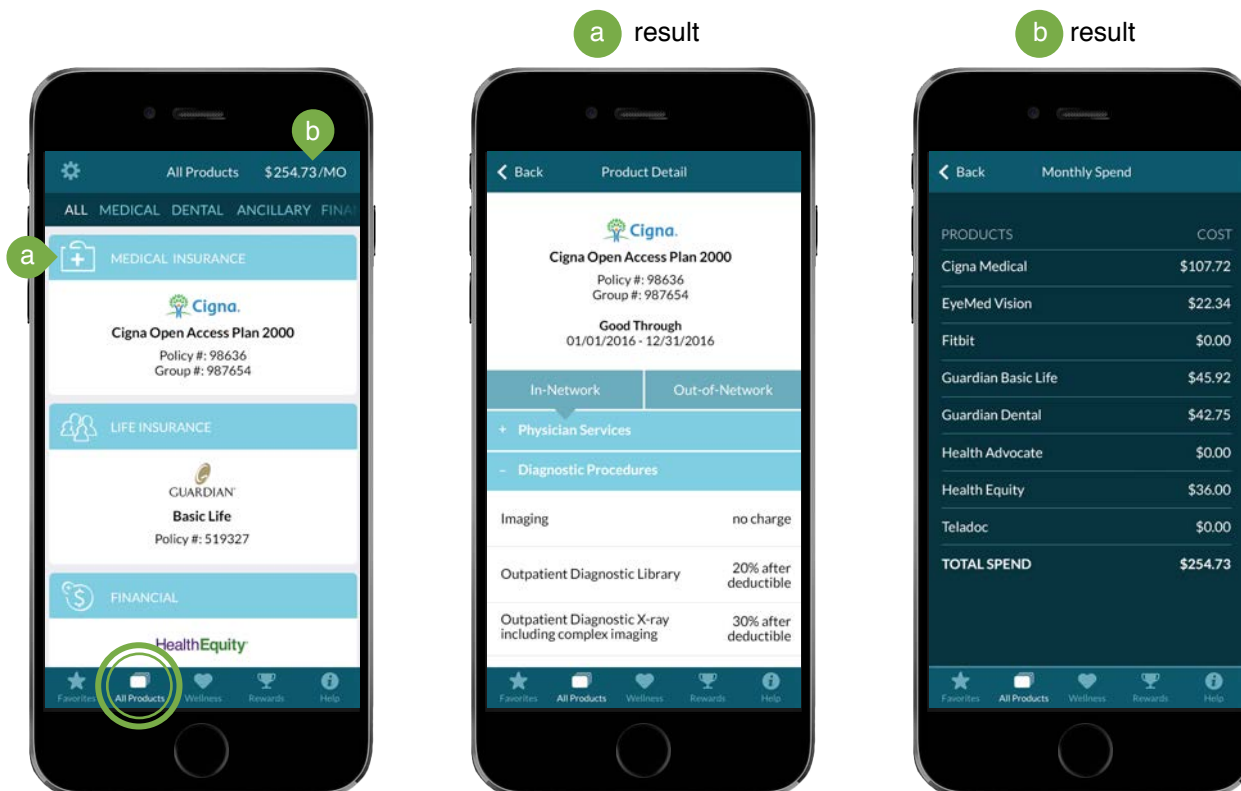
This is the first screen you'll see when you log in for the first time. To add a product to your *Favorites*, tap "Add a Product to My Favorites" and you'll see a list of your products. Tap the ★ gray star next to ones you use often or want to easily access, and they'll be added to your *Favorites*. To remove a product from your *Favorites*, tap the ★ yellow star next to that product (it will still be available under *All Products*).



4 ALL PRODUCTS

Tap *All Products* to see all products you're currently enrolled in. Tap **a** each product to see more details, including policy numbers, effective dates, and covered services. Tap **b** the total cost amount to see the cost broken down for each product.

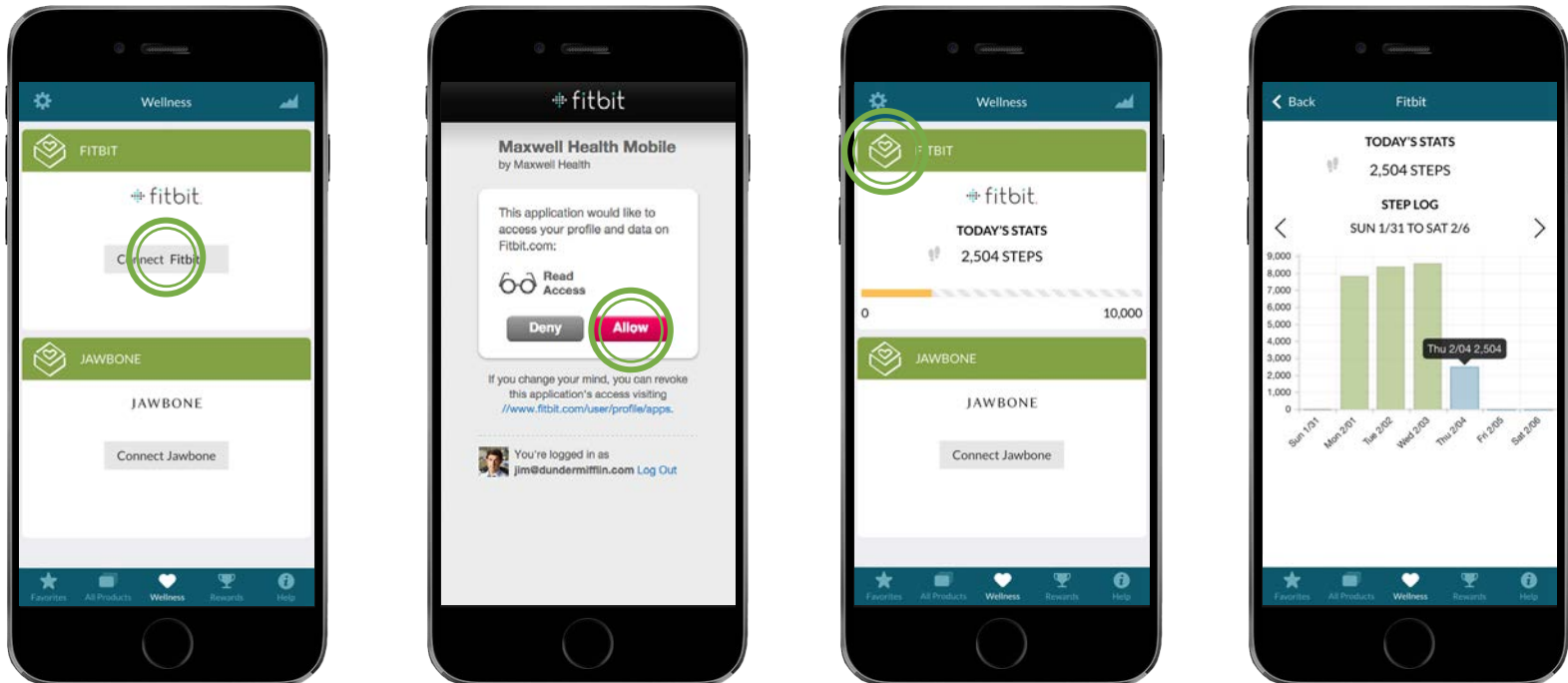
Don't see any products? You'll see a message letting you know that you haven't enrolled in any, or your start date hasn't arrived yet. Tap *Help* to contact your HR Administrator or benefits advisor, and ask them when products will be listed.



5 WELLNESS

Link a supported fitness device (a Jawbone UP band or Fitbit Flex, Charge, Zip, or One), regardless of whether or not it was purchased through Maxwell, by tapping *Wellness* > *Connect* on the fitness device of your choice. In order to connect, you need to have created an account on the fitness device's website or mobile app. You'll be prompted to use your login credentials for your selected device in order to approve the data sync within the Maxwell app. You don't need to have the fitness device's app installed on your phone when connecting the Maxwell app to your device.

Once you're connected, your steps will tracked in your Maxwell app.



6

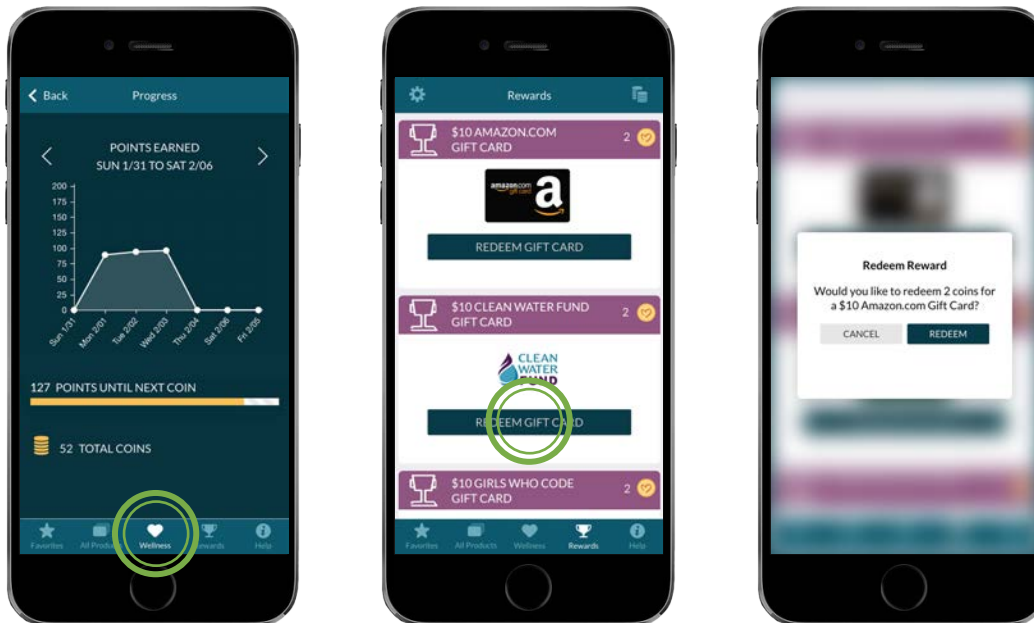
REWARDS

If you've connected a supported fitness device and your employer offers rewards, track your progress by tapping the chart icon on the top right corner of the *Wellness* screen.

The minimum steps to earn any points within a 24 hour period is 5,000 steps. After that:

- 100 steps = 1 point
- 500 points = 1 coin / 50,000 steps = 1 coin
- Earn a daily bonus: 7,000 steps (24 hour period) = +10 points for that day or 10,000 steps (24 hour period) = +20 points for that day
- 2 coins are the equivalent of \$10 in redeemable rewards

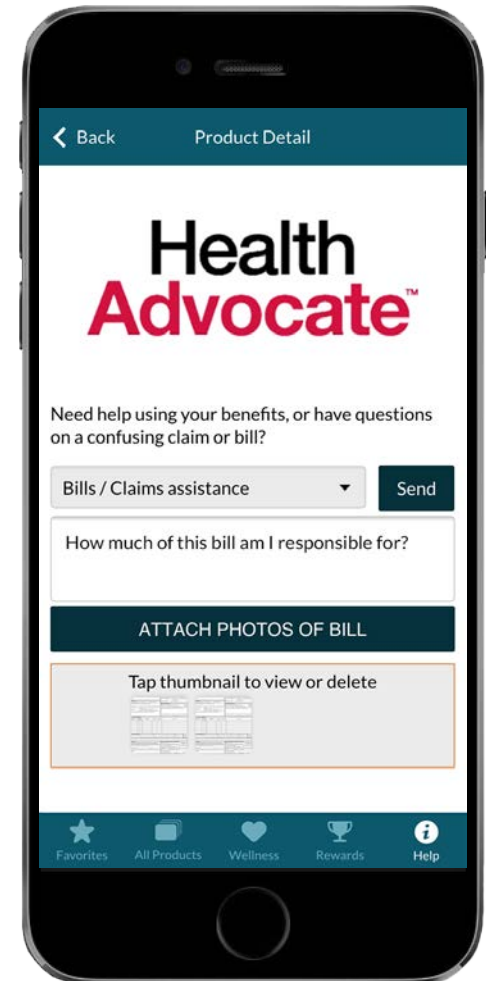
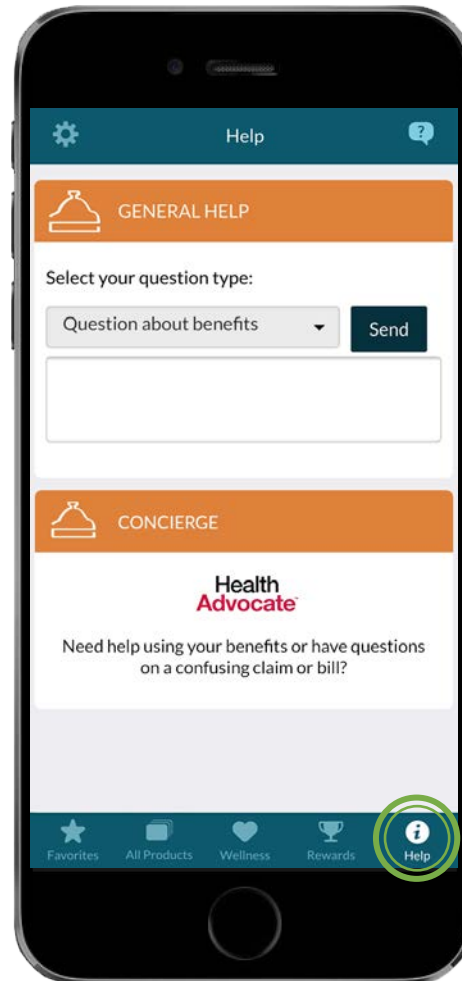
Tap *Rewards* to redeem your accumulated coins for any gift cards that your employer has chosen to make available to you.



7 HELP

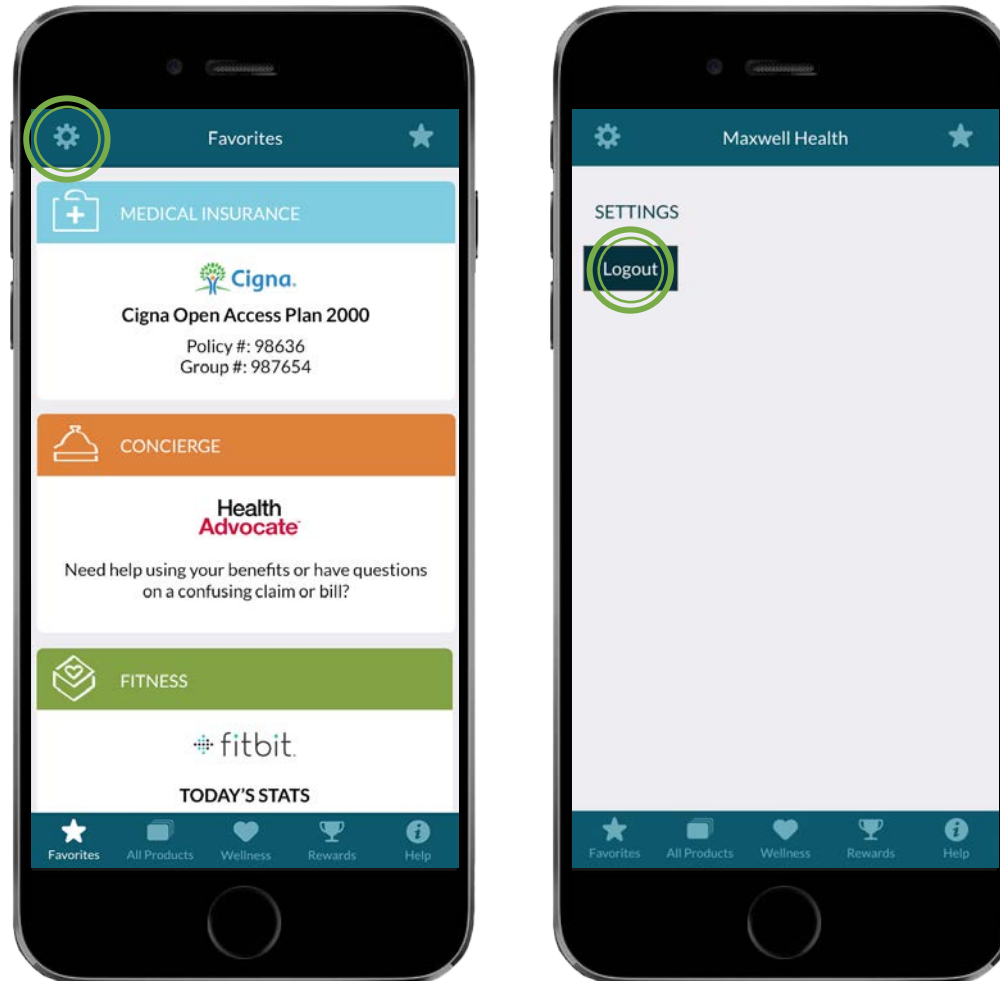
Tap *Help* to reach out for questions about your benefits.

Available help may include your benefits advisor, your HR Administrator, and, if applicable, a concierge service like Health Advocate.



8 SETTINGS

Tap *Settings* > *Logout* to log out of the app.



Questions about setting up or using your mobile app? We're here to help! Contact Maxwell Health at 1(866) 629-7445 and support@maxwellhealth.com. If you have any questions about the products you see in your mobile app, contact your HR Administrator or Advisor.