

## VOLLEYBALL CAMP APPLICATION

Name \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ ST \_\_\_\_\_ ZIP \_\_\_\_\_

Home Phone ( ) \_\_\_\_\_

Grade Next Fall \_\_\_\_\_ Height \_\_\_\_\_

E-mail Address: \_\_\_\_\_

**This will be my \_\_\_\_\_ year of OSC Camp (important for awards)**

School Name \_\_\_\_\_

T-shirt size (Adult sizes) S M L XL

Roommate request: (If you want to guarantee a four person room, all four applications must be sent in together.)

1<sup>st</sup> Choice \_\_\_\_\_

2<sup>nd</sup> Choice \_\_\_\_\_

I will be a  Resident camper  Commuter

I have enclosed  \$600 full payment (Overnight)



\$550 full payment (Commuter)

\$350 Deposit (balance due on arrival)

*Make checks payable to OSC Camp (credit cards not accepted)*

**(A non-refundable deposit of \$350 must accompany this application)**

A letter of confirmation will be sent upon receipt of application.

**Return to:** *One Step Closer Camps  
Lake Forest College Athletic Department  
555 N. Sheridan Rd, Lake Forest, IL 60045*

**Signature and insurance info required for application to be accepted**

### Parents Statement:

I hereby authorize the staff of One Step Closer Camps, Inc. to act for me according to their best judgment in any emergency requiring medical attention and I hereby waive and release the camp from any and all liability and will assume all cost for any injuries or illness incurred while at camp. I have no knowledge of any physical impairment that would be affected by the above camper's participation in the camp, as outlined in the brochure.

Parent's Signature \_\_\_\_\_

Emergency Contact (Name) \_\_\_\_\_

Emergency Contact Cell # \_\_\_\_\_

Insurance Carrier \_\_\_\_\_

Policy/Group Number \_\_\_\_\_

Medication Allergies \_\_\_\_\_

Please list and attach any other pertinent medical information.

## MESSAGE FROM COACH SLAATS

As we enter our 25<sup>th</sup> summer of One Step Closer Volleyball Camps, I am more excited than ever. We have proven that we run one of the finest girls' volleyball camps in the Midwest and I am proud of our camp reputation. Our camp coaches find it gratifying to watch you, our OSC campers, develop as volleyball players and as individuals. The One Step Closer Camp staff is committed to addressing exactly what it takes to make you the best volleyball player and person you can be. If you come to camp with enthusiasm, intensity, and a desire to learn, you will leave camp a much improved player; that being our primary goal.

Situated on the beautiful Lake Forest College campus, we promise you an enjoyable and exciting week of volleyball. Come join us!

*Jodie Honta*



## 2015 CAMPER COMMENTS

*"I liked learning all of the skills that you need to play volleyball. I also liked all of the tournament play."*

*H.M., Green Oaks, IL*

*"I loved how much fun we had playing games and being competitive in all the contests; inspired by the coaches we became better players!"*

*M.M., Chicago, IL*

*"I liked that we got to play every position in the games which made me better and I learned a lot!"*

*S.M., Winnetka, IL*

*"In just five days I have improved SOMUCH. Thank you for such a great week!"*

*C.L., Northbrook, IL*

# 1 ONE STEP CLOSER

## Girls Volleyball Camp

25 YEARS STRONG

# 2016

At  
**Lake  
Forest  
College**

**June 26-30**  
Grades 5-9

## PHILOSOPHY

The theme for this camp is **ONE STEP CLOSER** because Coach Slaats believes strongly that every volleyball goal is achieved through a step-by-step progression. She feels every volleyball you pass, set, hit, or serve, every sprint you run, every match you play, and every **camp you attend**, will bring you **one step closer** to that ultimate goal of becoming the best player you can be.

## CAMP INFORMATION

**DATES:** June 26-30, 2016

**TIME:** Campers must report to camp between 3:30-4:30pm on Sunday, June 26<sup>th</sup>. OSC Camp officially ends on Thursday, June 30<sup>th</sup> at 12:30pm with an awards ceremony until 1:00pm

**COST:** Resident Campers: \$600  
Commuters: \$550

### GROUP DISCOUNT:

\$25 per camper if 8 or more provided the following occurs:

- All must come in together in ONE envelope
- Must have a rooming list enclosed (4 per room)
- Must have a group contact person listed

----or----

\$25 per camper for sisters (two or more from same family)

**STAFF:** Camp Director Coach Slaats, along with Lake Forest College Head Volleyball Coach Heather Noll, and other outstanding coaches and college players provide quality instruction during the week.



Coach Heather Noll

**AGE GROUPS:** Girls entering grades 5-9 are eligible to attend camp. Campers will be grouped into teams and leagues based on age and ability.

**QUESTIONS:** Contact Jackie Slaats at (847)735-5290 or email: [onestepcloser@comcast.net](mailto:onestepcloser@comcast.net)

**Application Deadline is June 1, 2016  
or until camp space is filled**

## CAMP DIRECTOR



OSC Camp is directed by Jackie Slaats, Athletic Director and Senior Advisor to the President at Lake Forest College. Coach Slaats, while serving as head coach for both the Forester volleyball and basketball programs, established herself as one of the most respected and successful Division III coaches in the nation. She is a Lake Forest College Hall of Fame Inductee and posts an overall career coaching record of 486-217, winning an impressive 70% of all contests. Slaats' time, energy, and passion during the summer months for furthering girls in sport is evidenced by the thousands of young women who have excelled in high school varsity, and college programs after attending OSC Camp.

## LOCATION



OSC Camp is held at Lake Forest College, one of the most beautiful small colleges and camp settings in America, located 30 miles north of Chicago, IL, and 50 miles south of Milwaukee, WI. Campers will enjoy the benefits of newly renovated athletic facilities and housing in unique four-person dormitory rooms with washroom facilities in each room. The college cafeteria, along with Buffo's and Subway, will provide quality meals during the week of camp.

## SPECIAL FEATURES

- Camper / Staff ratio 7:1
- Official Camp t-shirt to all
- Free "OSC" Camp gift
- Prizes for camp contests: serving, passing and quads tournament
- OSC Camp "FUN" Night on Wednesday
- Personal player evaluation by your team coach at the end of the week
- Camp group photo for all campers
- Photo plaque award to all 4-year campers



OSC Camp 4 year award winners 2015

## DAILY SCHEDULE

A typical day of One Step Closer camp consists of volleyball instruction and skill work in the mornings and a combination of stations, contests, team practices and games during the afternoon and evening sessions. The goal of this camp is to teach and practice basic volleyball skills, but at the same time, develop an understanding and appreciation of teamwork and basic team concepts through competitive game experience.

Recreational swimming is available for OSC Campers following each evening session.