

Lake Forest College

NOTE: ALL STUDENTS SHOULD FILL OUT THIS FORM

Academic Support Services, Student Self Assessment

This form allows you to identify your academic needs and alerts the appropriate academic services on campus so that they can contact you with information on their programs. Students with disabilities should also complete the relevant disabilities form.

Student Name _____
(please print or type)

I am interested in improving my skills/knowledge in the areas checked below:

- writing (general)
- research papers/library resources
- studying
- software applications for academic work
- public speaking
- time management
- increasing/maintaining motivation in academics
- overcoming test anxiety
- reading (speed, retention, etc.)
- planning for a health/medical career (doctor, veterinary, nursing, dental, etc.)
- planning for a law career
- other _____
(please specify)